

THE NEWSETTE




**Roanoke District
United Methodist Women**

MARCH 2010



GREETINGS FROM NANCY.....

Lately, it seems whenever two or more of us have gathered together, not only was God with us, but the conversation has turned to the weather. The great snows of 1959 & 1960 will now be replaced by the 2009 & 2010 season.

The weather forced us to cancel our **District Training Event**, twice. The second weekend looked better for most folks, but we still had three district officers “snowed in.” Hopefully by now your unit has received their packet from the training and the **New District Directory**. Our thanks to Diana Smith, our secretary, for all her hard work on the Directories. We had asked that you prepare and bring **Health Kits for Haiti** to the training event. We would still like to collect these. You may give them to any of the district officers and they can make arrangements to get them to me. You bring them to the Spiritual Life Retreat in April, OR you can turn them in through your own church. Any questions about this, give me a call.

We had a special **program on Leadership** that was planned for our training event called “**Rekindle the Gift.**” Lou Talbutt, our Vice-President, has worked hard on the presentation. We plan to take a few minutes during the **Spiritual Life Retreat** to share some ideas with you. A handout will also be available. Be sure you have **April 17th** on your calendar, that’s the date for the Retreat.

One more date I want you to put on your calendar, **Thursday, May 6th**. We will be hosting a **Tri-District Event with Lynchburg and Danville District UMW**. We will have **two visiting women from Mozambique** in Virginia, after the Assembly in St. Louis. Our plan is to meet with them at the **Henry Fork Center, in Rocky Mount**. This will be an early evening gathering with light refreshments being served. Let’s plan to attend and take Church Vans for car-pooling. I’ll pass on more details as we firm things up.

As always, feel free to call any of your district officers, if your unit would like one or more of us to visit, or if you have questions or concerns.

Your sister in Christ, Nancy



Editor’s Note:

The Newsette is available in electronic format. If you would like an electronic copy of this newsletter, please send me an email and I will send it to you. Helen Watson, Editor misshlw1@cox.net

LOU TALBUTT - VICE PRESIDENT



STORY TELLING IN PROGRAMING PLANNING

DO YOU LIKE A GOOD STORY? DO YOU ENJOY THE PARABLES IN THE BIBLE? WHY?

We all enjoy stories and the parables because they relate to our human experiences... our lives are stories. From our Leadership Training Guide, "Rekindle the Gift" we learn that our stories relate to the stories of others. We also learn that a good story somehow relates to our human lives. Plus, a good story is even better when the teller has an interesting voice; use aids, creates a dramatic effect, uses body language, and sometimes involves the audience.

Stories may be funny, sad, true, fantasy or a combination. The delivery is just as important as the content. Voice is a great tool. Attempt to develop a voice that can be described in the following ways.

- Pleasant----warm and easy
 - Natural-----reflects sincerity
 - Dynamic -----strong and can command attention
 - Expressive--portrays shades of meaning
 - Easily Heard--projects proper volume
- (from "Rekindle the Gift" pg. 15)

Remember to include story telling in your programs, which adds interest and variety. Learn to listen to stories and look for interesting content. Then, remember that delivery is as important as the story. Keep the story simple; don't use too many big words or technical terms. Select a story of interest for your audience. Most of all have fun with your work and planning!

SARAH MCCONCHIE - Treasurer

Congratulations to our Roanoke District! Through your generous giving, our District was able to meet our 2009 pledge to missions of \$53,000. Please remember all the works of the UMW and wear your "UMW Hat" when considering your 2010 giving.

Remember to share the **RAINBOW GIVER** form with every member of your unit. This is a wonderful opportunity to obtain 5-star status for every unit!

The CANDLE BURNING 2010 Amounts:

\$0.52 for one second, \$31.47 for one minute, \$1,888.00 for one hour

Don't forget to file your 1st quarter treasurer report by **March 15th**. Our **A&MD** for 2010 will remain at **\$3.00 per member**. Please send the A&MD as early in the year as possible. This amount allows our District to fund training and other events.

If you have any questions about the treasurer duties, call or e-mail me any time.

Sarah McConchie, Treasurer
3461 Periwinkle Lane, Roanoke, VA 24014

mconchie@cox.net
540-427-2318

RHONDA ROGERS - MEMBERSHIP, NURTURE AND OUTREACH

Are we ready for spring time yet? I could not be more excited as I look forward to the **UMW Spiritual Life Retreat** at Alta Mons in April and the **Spiritual Life Retreat** in Blackstone in May because I know by the time these events occur, it will be springtime and hopefully, all of this snow will have melted by then. Although, I must give God all the glory for the beauty and wonder of the snowfall. It awakens us to the realization of how powerful and beautiful our God is, all at the same time.

I want to express my sincere thanks to all of you who worked so hard to get your 2009 Unit Membership Report forms turned in. All of your hard work is appreciated by me as well as **Sue Boltz**, our Conference **Membership, Nurture and Outreach** Chairperson. Because of your efforts, this process will be so much easier next year!

As we go through the Season of Lent, which is a time of soul-searching, repentance, and reflection, let's continue to go about God's work as dedicated **United Methodist Women**. "The joyful news that He is risen does not change the contemporary world. Still before us lie work, discipline, and sacrifice. But the fact of Easter gives us the spiritual power to do the work, accept the discipline, and make the sacrifice."—**Henry Knox Sherrill**.

I wish you all blessings as we go through this Easter season and look forward to seeing you all at Camp Alta Mons in April!

LANORA KING - SOCIAL ACTION

UMW day at the General Assembly was a success. Twelve ladies from the Roanoke District attended. Most of us were able to meet with our Senators and Delegates to express our concerns. **Bon Air UMC** in Richmond did a great job as host to this event. Thank you to **Blacksburg UMC** for letting us use their van. Thank you to Nancy Sasser, our UMW President, for driving six of us to Richmond. The fellowship was enjoyable and fun for all.

Unit Presidents will be receiving packets soon. Please pass on the **GEM AWARD** sheet to your Social Action Coordinators. I have changed the format, so you need to read it carefully for the changes. Any questions just contact me.

This months **Response Magazine** is concerning **Racial Justice**, there are excellent topics that your Units can use for Response moments or a program.

Remember **April 17th**. Is **Spiritual Life Retreat** at **Camp Alta Mons**. Hope to see many of you there, come and bring a friend, you will receive a blessing.

PLEASE BRING SUPPLIES FOR THE TRINITY COP PROGRAM TO CAMP ALTA MONS. NEEDS ARE: Towels, Wash Cloths, Deodorant, Insect Repellant, Sun Screen.

Roanoke District United Methodist Women
Spiritual Life Retreat
Crockett Springs United Methodist Church
Camp Alta Mons

April 17, 2010

Registration & Gathering 9:00 am

Program Begins at 9:30 am

Offering will be collected for Mission Giving

Lunch in Camp Dining Hall at 12:00 Noon

Retreat Leaders:

Addie Haynes, Conference UMW President

Louise Miller, Conference UMW Vice-President

Theme: **THE PURPOSE**

*******PLEASE BRING SUPPLIES FOR THE TRINITY UMC COP PROGRAM.**

THEY NEED: Towels, Wash Cloths, Deodorant, Insect Repellant, Sun Screen.

Registration Due by April 7th, \$10.00 per person, Checks
Payable to Roanoke District UMW

Mail to: Sarah McConchie, District Treasurer,
3461 Periwinkle Lane Roanoke, VA 24014

Unit: _____

No. Attending _____ Amount Enclosed: _____

Names of Persons Attending (if known)

ALDA BOWER - SPIRITUAL GROWTH

Here is hoping that everyone had a wonderful Christmas and having a Happy and Healthy New Year. Because I was unable to get an article in the winter Newsette. I want to take this opportunity to say a special “**THANK YOU**” to Patsy Sparks and her unit for the delicious breakfast served in a beautifully decorated room and also our Pianist, Nancy Moye at our Prayer Breakfast on November 7.

“Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no division among you but that you should be united in the same mind and thought”. 1 Corinthians 1:10

In our prayers, let us not forget the needs of the people in Haiti, and also pray for our “**Spiritual Life Retreat**” to be held **Saturday, April 17 at Crocket Springs UMC/Alta Mons**. The program will be presented by **Addie Haynes, President**, and **Louise Miller, Vice-President**. A Registration form can be found within this Newsette. Please make whatever copies necessary to assure that your unit is well represented at this retreat. The Conference **Spiritual Life Retreat** will be **May 14-16 at Blackstone**.

May God’s Blessings rest on each of you.

Alda

BECKY DAY - MISSION EDUCATION AND INTERPRETATION

THE 2010 MISSION TODAY REPORT FORM IS IN YOUR PRESIDENT’S PACKET WHICH HAS BEEN MAILED TO THE PRESIDENTS OF UMW UNITS FOR EACH CHURCH. ALSO, FOR YOUR CONVIENCE A COPY OF THE 2010 MISSION TODAY FORM HAS BEEN INCLUDED IN THIS NEWSETTE. AS YOU READ THROUGH THE MISSION TODAY FORM FOR 2010 PLEASE NOTE THE FOLLOWING .

1. **THE (**)1 ITEM IS REQUIRED FOR EVERY MISSION TODAY UNIT.** Each unit decides what their annual pledge will be. Do not forget to include the \$3.00 **Administrative and Member Development** fee per member. This should be sent to the **District Treasurer** with your first pledge payment by **March 15, 2010**. This will make it easier to complete more items with an (*).
2. The 2010 Mission Today Report Form is due to the Mission Coordinator of Education and Interpretation, Becky Day.
3. You can complete and mail it to **Becky Day, 5833 Littlehorn Drive, Roanoke, VA 24018**. Or you can complete and mail it to **dayerk@cox.net**.
4. Please call me if you would like me to come to a circle or unit meeting and go over the Mission Today form in person. I would be most happy to come for you.

Yours in Christ, Becky Day, MCE & I

VIRGINIA CONFERENCE UNITED METHODIST WOMEN
MISSION TODAY 2010
SEPTEMBER 1, 2009 – AUGUST 31, 2010 Report Form for Units

The purpose of Mission Today is to fulfill the PURPOSE of United Methodist Women by: energizing UMW to be more involved in mission through prayer, study and action; increasing contacts between units and mission workers and projects; encouraging use of mission resources; and expanding concepts of mission including social justice as mission. **Mission Today is not a new program. It is putting increased emphasis on what UMW has been doing for more than a century.**

() 1. Make and meet unit PLEDGE TO MISSION.**

Your attendance is requested:

- (*) 2. At least two members, other than a District or Conference Officer, attend the District or Conference Annual Meeting.
- (*) 3. At least one member, other than a District or Conference Officer, attend District Spiritual Life Event or the Conference Spiritual Life Retreat.
- () 4. Have at least one member attend the United Methodist Day at the Virginia General Assembly.
- () 5. Have at least one member attend UMW Day at Ferrum College.
- (*) 6. Have at least one member other than a District or Conference Officer attend the Conference School of Christian Mission or a District Mission Celebration.
- (*) 7. Sponsor a young woman to attend the Conference or a District Young Women's Event.
Name of event attendee: _____

Your participation in programs of the UMW:

- (*) 8. Use the Prayer Calendar at each Unit Meeting to pray for mission workers and mission projects for women, children, and youth.
- (*) 9. Use at least two programs from the UMW Program Book during the year. Which ones _____
- (*) 10. Each Unit, Circle, or Subgroup include a "Response Moment" where an item from Response Magazine is lifted up as a way to tell a mission story.
- (*) 11. The Unit, Circle, Subgroup, have at least one Mission Study from the School of Christian Mission during the year. Which one _____

Your action in supporting the Purpose of the United Methodist Women:

- (*) 12. Include having the UMW Purpose at every meeting.
- (*) 13. Qualify as a Five- or Six-Star Unit by contributing to five or six Channels of Mission Giving.
- (*) 14. Increase the local unit Pledge to Mission for the coming year.
- (*) 15. Invite a District or Conference Officer, other than a unit member, to one of your Unit meetings during the year and/or United Methodist Women's Sunday.
- (*) 16. Select a mission project which is supported by funds from Women's Division or the Mission Project Grants of VA and visit and/or contribute needed resources. Name of project _____
- (*) 17. One or more members participate in hands-on mission such as gleaning, working in a food pantry or clothes closet, bagging potatoes, etc.
- () 18. Provide at least ten UMCOR kits and funds for shipping for the VA Annual Conference.
- () 19. Members shall write at least once a year to five mission workers listed in the Prayer Calendar.

- (*) 20. Add at least two new members to the roll, or one new member for Units with 15 or fewer members.
- (*) 21. Have at least two members who subscribe to Response Magazine.
- (*) 22. At least two members participate in the Reading Program and complete Plan I.
- (*) 23. Have "Green Meetings" or make some other special effort toward saving God's earth (i.e. recycling, using glasses instead of disposable cups, etc.) Describe what you did _____
- () 24. Have at least one person join the UMW's Action Network to receive and respond to legislative information.
- (*) 25. Implement the Charter for Racial Justice Policies in one way during the year. Describe what you did _____
- (*) 26. Participate in the Campaign for Children (Children's Sabbath Service, support public education, etc.) Describe what you did _____

- () **A MISSION TODAY UNIT:** Completed the first required item (**), PLUS eight additional items including four (*) items, or for Units with 15 or fewer members, completed the first required item (**) and a minimum of four of the other items including two of those marked with an (*).
- () **A MISSION TODAY SILVER UNIT:** Completed the first required item (**), PLUS thirteen additional items including at least six (*) items.
- () **A MISSION TODAY GOLD UNIT:** Completed the first required item (**), PLUS 20 additional items, including at least 12 (*) items.

UNIT/CHURCH _____

Number of members in your unit _____

President/Contact Person _____

Phone _____ **E-mail** _____

Period covered: September 1, 2009 through August 31, 2010

Form revision October 2009

PLEASE DO ONE OF THE FOLLOWING for the Roanoke District Mission Coordinator of Education & Interpretation immediately after September 1, 2010.

- 1) Complete & E-mail this form to Becky Day, MC E&I, at dayerk@cox.net.
- 2) OR Complete & mail the form to Becky Day (MC E&I) at
Becky Day, 5833 Littlehorn Drive, Roanoke VA 24018



ROANOKE DISTRICT UMW DATES FOR 2010

**April 17th. (Saturday) District Spiritual Life Retreat Crocket Springs/Alta Mons
9:00 AM registration with Lunch.**

May 14th - 16th. Conference Spiritual Life Retreat - VUMAC (Blackstone, VA.)

May 15th. Newsette Article Deadline (June Issue)

June 5th. UMW DAY at Ferrum College

June 13th - 16th. Virginia Annual Conference Norfolk VA.

June 14th. Conference UMW Breakfast Norfolk (Location TBA)

July 10th. District Finance Team Meeting Raleigh Court UMC 9:30 AM

July 23-25 Weekend School of Christian Mission VUMAC

July 26-29 Week School of Christian Mission VUMAC

August 15th Newsette Article Deadline (Sept. issue)

**September 12th. (Sunday) Open Executive Meeting (w/unit Presidents) Asbury,
Christiansburg, VA.**

TBA SEPT???. Conference Young Women's Retreat VUMAC

October 3rd. District UMW Annual Meeting Southview UMC 3:00PM

Oct. 23 -24 Conference UMW Annual Meeting VUMAC

November 6 Distict UMW Prayer Breakfast Northview UMC 8:30 AM

November 15 Newsette Article Deadline (Dec. issue)