

# THE NEWSETTE

ROANOKE DISTRICT UNITED METHODIST WOMEN

March 2011 Issue



*Greetings from District President Lou Talbutt*

Dear United Methodist Women in Christ,

What a joy to get to know you better and have your wonderful help and ideas. This issue contains the complete calendar for 2011. Please review the calendar and note all of the important dates on your personal date book. The team is excited about our theme, ***“Finding Peace Through Action.”*** The theme is based on our UMW program book. Through out the entire year we will focus on some aspect of the theme as we seek peace for others and ourselves.

The executive committee had a successful planning meeting on January 15<sup>th</sup> and you are seeing some of the results in this issue. The theme, for example, the calendar and other details will follow as the results of our work at Central UMC in Salem. We thank them for being our host and a **“special thank you”** is extended to all of the churches that will host us through out the year. This is a special way you can serve the **Roanoke District** and it is very much appreciated. There are too many people to thank individually so I can simply say **“thank you”** for getting off to a good start.

We had a successful Training Event in February at St Mark’s UMC, Daleville, VA. We had to use our snow date February 12<sup>th</sup>. since ice was predicted on February 5<sup>th</sup>. We are planning an exciting program for the **District Spiritual Life Retreat** at Camp Alta Mons/Crockett Springs on April 16<sup>th</sup>. Registration starting at 9:00 A.M. with lunch at noon. The program is **“Celebrating Peace Through Music.”** Lois Sanborn is the Mission Coordinator of Spiritual Growth and will be planning this event including the title and speaker she highly recommends. The registration form for the event is in this issue. This event should be outstanding. Let’s get the snow out of our bones by April 16<sup>th</sup> and celebrate peace and renew our spirits. I will leave you with a peace prayer from the **Program Book, “Finding Peace”**, and illustrate the correct way to footnote the use of the publications. You do not have to get permission to use the book but there is a correct way to give credit. The reference should appear on the first page of your presentation.

District President Lou Talbutt Continued.

**PRAYER for PROGRAM PLANNERS:**

Gracious God, giver of all wisdom and ability, please be present to me as our group explores ways to find peace through accomplishment. Make me a channel of your peace.

Sweeny, Mary Kate, "Finding Peace Through Action," FINDING PEACE. Copyright, 2009, The Women's Division, General Board of Global Ministries, The United Methodist Church, "Used by Permission."

May all of you experience Peace through action in 2011.  
Lou Talbutt

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***Roanoke District Treasurer - Sarah McConchie***

Congratulations to our Roanoke District! Through your generous giving, our District was able to exceed our 2010 pledge to missions, giving over \$56,000. We also gave undesignated funds of over \$11,200 to Call to Prayer and Self Denial, Camp Alta Mons, Henry Fork, COP and many others. Please remember all the works of the UMW and wear your "UMW Hat" when considering your 2011 giving.

Remember to share the **RAINBOW GIVER** form with every member of your unit. For your convenience, the forms are in our district directory. This is a wonderful opportunity to obtain 5-star status for every unit! We had 8 Rainbow Givers in 2010. How many will there be in 2011?

The CANDLE BURNING 2011 amount is **\$0.60 for one second**. The conference will not change amounts in the future.

Don't forget to file your 1<sup>st</sup> quarter treasurer's report by March 15<sup>th</sup>. Our A&MD for 2011 will remain at \$3.00 per member. Please send the A&MD as early in the year as possible. This amount allows our District to fund training and other events.

If you have any questions about the treasurer's duties, call or e-mail me any time. See you at the Spiritual Life Retreat at Camp Alta Mons on April 16<sup>th</sup>!

Sarah McConchie, Treasurer  
3461 Periwinkle Lane  
Roanoke, VA 24014

[mcconchie@cox.net](mailto:mcconchie@cox.net)  
540-427-2318

**MISSION COORDINATOR FOR EDUCATION & INTERPRETATION-  
ALDA BOWER**

Here we are in a brand new year and another opportunity to be involved in **MISSION** work. One way we do this is to become a “**Mission Today**” Unit. Challenge your members to become “**Rainbow Givers**”.

It is my hope that each unit in the **Roanoke District** will become a **Mission Today** unit. If you would like me to come to one of your unit meetings to review the form, and assist you in any way that I can please call me (540) 992 4919 or E-mail [daveandalda@aol.com](mailto:daveandalda@aol.com)

Please meet with your president and executive group and plan when you will complete the requirements. The period covered is Sept. 1, 2010 through August 31, 2011. I am sure that you have completed some item even now.

As soon as you have completed the form, send it to me at: 3539 Blacksburg Road, Troutville, VA 24175, or you may E-mail it at the above address. You will find in this Newsette a form for this year.

May God’s Blessings be with each of you.

Alda

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*Secretary of Program Resources – Katy Collins*

Greetings to all my UMW sisters. District Training was awesome – we had beautiful weather, a wonderful host church, and lots of fun. Since I am new to this position, I also got to meet many of you for the first time. I feel truly blessed to have been given this opportunity to assist you as we walk together in our UMW journey.

Lou asked me to write about one of the books on our Reading List, so I have chosen “The Noticer” (SG) by Andy Andrews for this issue of the Newsette. This book gives truth to the saying that good things come in small packages. At 170 pages, it’s a quick read, which packs a powerful punch. The narrator of the book, Andy, is a young man who is homeless and hopeless after the death of both of his parents. The shock of their deaths and the seeming unfairness of the hand fate has dealt him have left him emotionally paralyzed and unable to move on. Enter Jones – “just Jones, no mister” – who shows up in people’s lives when they are in crisis. Jones brings a new perspective to the lives he touches. He notices what people need and helps them to see alternative ways to think about things.

Jones mysteriously shows up throughout the book when he is needed the most and leaves better lives in his wake. I found myself wishing I had a Jones to notice me and dispense his excellent blend of common sense, humor and wisdom. We could all use a new perspective now and then.

**Katy Collins Continued**

Now for “the rest of the story” as Paul Harvey used to say. When the author Andy Andrews was nineteen, both of his parents died. His mother died from cancer; his father in an automobile accident. In a downward spiral, he found himself homeless - often sleeping under a pier or in someone’s garage. He began to ask himself, “Is life just a lottery ticket, or are their choices one can make to direct his future?” He began reading biographies of great men and women and eventually determined that there were seven characteristics that each of these great people had in common. This became the basis for his stories “The Traveler’s Gift” and “The Noticer”, and the beginning of his upward journey.

I hope you read this inspiring little book, and that you enjoy it as much as I did.

On another note, I would like to know if there are any items you would like me to have at the April 16<sup>th</sup> District Spiritual Life Retreat. I will need your “wish list” as soon as possible. Let me know what books or items you would like to buy, and I will try to have them available for you.

The Peace of Christ Be With You.

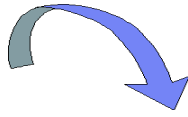
Katy Collins



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**Roanoke District Team of Officers for 2011**

Officer	Phone	Email
President - Lou Talbutt	540 552 8909	<a href="mailto:lpt3@warmhearthva.org">lpt3@warmhearthva.org</a>
Vice President - Becky Day	540 774 0785	<a href="mailto:b.day0845@gmail.com">b.day0845@gmail.com</a>
Secretary - Jacqueline Buhrdorf	540 230 9556	<a href="mailto:buhrdorf@vt.edu">buhrdorf@vt.edu</a>
Treasurer- Sarah McConchie	540 427 2318	<a href="mailto:mcconchie@cox.net">mcconchie@cox.net</a>
Secretary of Program Resources - Katy Collins	540 382 5057	<a href="mailto:katy4books@verizon.net">katy4books@verizon.net</a>
Communication’s Coordinator - Helen Watson	540 362 0027	<a href="mailto:misshlw1@cox.net">misshlw1@cox.net</a>
Mission Coordinators :		
Spiritual Growth- Lois Sanborn	540 315 0882	<a href="mailto:sanborn45@gmail.com">sanborn45@gmail.com</a>
Social Action - Diana Smith	540 540 915 6553	<a href="mailto:roanokeumw@aol.com">roanokeumw@aol.com</a>
Education and Interpretation- Alda Bower	540 992 4919	<a href="mailto:daveandalda@aol.com">daveandalda@aol.com</a>
Membership, Nurture and Outreach- Bobbie Rust	540 989 9139	<a href="mailto:AUG59@aol.com">AUG59@aol.com</a>
Nominations Committee Chairman - Ann Rhudy	540 382 2555	<a href="mailto:annrhudy@aol.com">annrhudy@aol.com</a>



## **Roanoke District UMW Dates for 2011**

- January 15 - Executive Team Meeting 10:00 A.M. -Central UMC- Salem**
- February 3 - General Assembly Day - Bon Air UMC - Richmond**
- February 5 UMW District Training Event 9:00 A.M. - St. Mark's UMC- Daleville**  
**Snow Date: February 12**
- April 16<sup>th</sup>.- District Spiritual Life Retreat - Crockett Springs/Camp Alta Mons**  
**9:00 A M Registration with Lunch following program.**
- May 13-15 Conference Spiritual Life Retreat VUMAC - Blackstone VA**
- May 15 - Newsette Article Deadline ( June Issue)**
- June 4 - UMW Day at Ferrum College**
- June 16-19 - VA Annual Conference - Roanoke Civic Center**
- June 18- Conference UMW Breakfast 6:45 A.M. Airport Holiday Inn - Roanoke**
- July 9 - District Team Finance Meeting 9:30 A.M. Raleigh Court UMC - Roanoke**
- July 22- 24 - Weekend School of Christian Mission - VUMAC -Blackstone**
- July 25-28 - Week School of Christian Mission - VUMAC -Blackstone**
- August 15 - Newsette Article Deadline ( September Issue)**
- September 11- Open Executive Meeting (w/Unit Presidents) 3:00 P.M. - St. Paul UMC- Christiansburg**
- September 24-25 - Conference Young Women's Retreat VUMAC - Blackstone**
- October 2- District UMW Annual Meeting 3:00 P.M. Raleigh Court UMC - Roanoke**
- Oct. 29-30 - Conference UMW Annual Meeting VUMAC -Blackstone**
- Nov. 5- District UMW Prayer Breakfast - 8:30 A.M. - First Salem UMC- Salem**
- Nov. 15 - Newsette Article Deadline ( December Issue)**

## **Corrections For Roanoke District Directory**

Please add this information to the Roanoke District Executive Committee on page 15 for Membership, Nurture & Outreach Coordinator: Bobbie Rust 4949 Hunting Hills Roanoke, VA 24018 540-989-9139 [AUG59@aol.com](mailto:AUG59@aol.com)

On page 23 under Bonsack please change Susan Wagner to Co Chairperson Morning Circle, add Martha Harrison as Co Chairperson Morning Circle. Martha's address is 1339 Lakeridge Circle, Troutville, VA 24175, Phone 540 977 3043 [mrharrison@verizon.net](mailto:mrharrison@verizon.net)

On page 27, under Calvary-Salem, remove April Vermillion and her information. Replace the nominations 2012 with: Joan Helvey 1625 Midland Road Salem, VA 24153 540-387-4417 [joanny2va@aol.com](mailto:joanny2va@aol.com) ,add Pastor Rev. Timothy Gearheart, 845 Hemlock Rd., Salem, VA 24153 Ph. 540 380 2634 [revtim@verizon.net](mailto:revtim@verizon.net)

On page 36, under First Salem, correct the email for Margaret Riggs: [mjfriggs@aol.com](mailto:mjfriggs@aol.com)  
Also, on page 36, remove Jane Painter and her information as the Vice President.

On page 37, under First Salem, correct the email Judy Coffman: [scoffman2@verizon.net](mailto:scoffman2@verizon.net)  
Also, add Vice President to Nominations for Judy Coffman's titles.

On page 50, under Northview, correct the apt# for Charlotte Peck to Apt#206, not 106

On page 56, under St. Mark's, correct the Linda's last name at the top of the page. It should be: Linda Koloda

On page 60, under Southview, add the email for Helen Meredith: [dhmeredith@hotmail.com](mailto:dhmeredith@hotmail.com) add the email for Patricia Ballard: [trish.bow@cox.net](mailto:trish.bow@cox.net) add the email for Nancy Fortune: [HHFNCF@msn.com](mailto:HHFNCF@msn.com)

On page 61, under Southview, add the email for Rev. Larry Edmonds: [office@southviewumc.org](mailto:office@southviewumc.org)

On page 62, under Thrasher Memorial, correct the email for Frances Hudson: [marianhudson@netscape.com](mailto:marianhudson@netscape.com)

On the last page of the directory, page 73, under the Mission Today info, at the bottom of the sheet, please correct the email for Alda Bower as: [daveandalda@aol.com](mailto:daveandalda@aol.com). Also please note that the dates for Period covered should read September 1, 2010 to August 31, 2011.

V.U.M.A.C. (Blackstone) Representative - Nancy T. Sasser

My newly appointed position is one that I hope will be fun and exciting. I want to keep you informed on happenings at Blackstone, and encourage attendance at upcoming events at OUR Assembly Center.

I am currently serving on the Board of Directors at VUMAC, my term ends July 1<sup>st</sup>. Over the president's weekend, I attended a board meeting where we were updated on spending, giving and fund raising efforts. The Capital Campaign known as "Growing Faith" has come to an end, falling short of its goal. The Emergency Appeal launched in December has also ended, raising \$75,000 cash and 155,000 in pledges. Part of the Fund Raising efforts will be to apply for grant money from the private sector and from the Department Historic Resources, since VUMAC is on the National and State Historical Registry.

**Please be aware that VUMAC is NOT A UMW PROJECT.** Over the years, units have sent "Dimes and Dollars" which have supported the maintenance projects at the center. I encourage you to continue this practice, just be sure the funds come from your 20% portion of your unit funds. **The 80% or bulk of your funds should First Support UMW projects.** As individuals, **women of the church**, you can give to these funds as you are lead.

On the VUMAC Board, we all serve on committees and we were all working late on Sunday night, taking care of business. I serve with Mary Jordan and Frances Johnston on the Interiors Committee, so we looked at ALL the curtains in the Assembly Center and determined that some needed replacing, many needed new lining, some could be flip-flopped in their window, and serve a little longer without alterations.

As a result of our study, the Board voted to establish a "Drapery Fund" that donations can be earmarked for over the next few months. Mary Jordan is a talented seamstress and will be doing most of the sewing, with assistance from others with ironing, cutting, etc. WE also determined that the Red Velvet Curtains on the Stage will need to be replaced as soon as funds are available. I hope that some of you will be able to support this fund with personal gifts.

One bit of news that saddens me to share is that Cammie Armstrong, VUMAC Executive Director has announced her retirement, as of June 30, 2011. One suggested way to honor Cammie would be to make a donation to the Drapery Fund in her honor. We want to thank Cammie for all her hard work and dedication to VUMAC, leading her staff with spunk and enthusiasm.



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**Editor's Note:**

**The Newsette is available in electronic format. If you would like an electronic copy of this newsletter, please send me an email and I will add you to the list. Helen Watson - e-mail [misshw1@cox.net](mailto:misshw1@cox.net)**



## He Makes the World New Every Day

Recently, for devotions I've enjoyed using ***Voices of the Faithful***, with Beth Moore and missionary "friends who put their lives on the line for God." They share stories of their everyday lives, as they serve specific "people groups" all over the world. Their stories draw me to "experience" life with them in their adopted countries, through colorful descriptions of the peoples and land where they've been called to serve God.

Come with me to a South American jungle, where Kristee takes us on an early morning walk. "...Without daylight savings time, the sunrise is early. When I go for a walk at 5:30 a.m., the sun begins to peek out, full color. Every morning I feel like God has created the sunrise for my pleasure. I feel like He says to me, *"I thought of you when I made this today. I couldn't wait to see your face when you saw it."*

"...God's creation is all around us. He manifests Himself in every sunrise, in the flowers that open...in the multitude of stars at night. Have you noticed? Have you given God a chance to share more of Himself with you in His created world? Are you looking? He makes the world new every day for you to see." (p.17, T. Nelson, publisher, 2005)

How do *you* do, mornings? Do you wake up to the new day with joy in your heart, praising God? Let's thank God for the day He created, as we recall Psalm 118:24: *"This is the day the Lord has made; let us rejoice and be glad in it!"* Have you noticed? *Each new day* is a **gift** from God, and reason enough to start with a song in our hearts!

If you'd like to keep that song in your heart, or put it back in there, or better yet--share it with someone else, try giving God some quality time, first thing in the morning--even if it means setting your alarm clock earlier! Read your Bible and the Upper Room or other daily devotional, and meditate on them. Pray for others!

And plan to register for the District UMW Spiritual Life Retreat, ***"Finding Peace through Music,"*** led by Leigh Anne Taylor, Minister of Music. It's on Saturday, April 16<sup>th</sup>, 9 – 1 p.m. at Crockett Springs UMC, Shawsville. This retreat is bound to nurture the song in your heart, and help you see God's world as a new place each day, just *filled* with opportunities to praise and serve Him!

Wishing you *peace*.

Lois Sanborn

District Spiritual Growth Coordinator



**ROANOKE DISTRICT UNITED METHODIST WOMEN  
SPIRITUAL LIFE RETREAT!**

Saturday, April 16<sup>th</sup> 2011 9 AM – 1 PM  
Crockett Springs United Methodist Church

***“Finding Peace Through Music”***

Leigh Anne Taylor, Minister of Music, Blacksburg UMC

Registration & refreshments 9:00 AM - Program 9:30 AM

Offering will be collected for Mission Giving

Lunch at Camp Alta Mons Dining Hall

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\*See reverse for suggested in-gathering items to bring for the United Methodist Church  
**Community Outreach Program (COP) of Roanoke\***

Directions to Crockett Springs UMC also on reverse side

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**Registration deadline: Monday, April 4<sup>th</sup>!**

\$10.00 per person, includes lunch—checks payable to:  
Roanoke District United Methodist Women

Mail to: Sarah McConchie, District Treasurer  
3461 Periwinkle Lane, Roanoke, Virginia 24014

Questions? Call Sarah at 540-427-2318 or Lois at 540-268-1290

Name of local unit \_\_\_\_\_

Number of persons attending: \_\_\_\_ Amount of check: \$ \_\_\_\_

Names of persons attending (please print):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you interested in free childcare for ages 1– 6, during this event? Please call Lois (268-1290) by April 4<sup>th</sup> with your name, phone #, children’s names and ages.

Suggested in-gathering items for Community Outreach Program's (COP)

**UFO Program**

**(U Feed Others)!**

This program supplies some inner city children with 2 breakfasts, lunches, dinners, snacks, and juice boxes in a gallon zip lock bag that they take home on Fridays, so they'll have food for the weekend. Please DO NOT pack your items in zip lock bags! UFO staff need to pack the bags themselves. Items you can bring include:

Nutragrain bars	instant oatmeal	fruit cups (3-4 oz.)
ravioli (3-4 oz.,m/w)	macaroni (3-4 oz.,m/w)	raisins, individ. boxes
Alfredo;beef (4-5 oz., m/w)	fruit snack	juicy juice, individ. “
boxes of gallon zip lock bags!		

Thank you for your help & participation!  
Your District UMW Mission Team is looking forward  
to sharing this special time together!

Directions to Crockett Springs UMC

From Roanoke/Salem area, follow Rtes. 460/11 south to Shawsville. Turn **left** just before Waldron Family YMCA & Meadowbrook Library, onto Rte. 637/Allegheny Springs Rd. Travel about 6 miles, turn **right** at the Camp Alta Mons sign, & Crockett Springs church is on your left.

VIRGINIA CONFERENCE UNITED METHODIST WOMEN  
**MISSION TODAY 2011**

**September 1, 2010-August 31, 2011 Report Form for Units**

The purpose of Mission Today is to fulfill the PURPOSE of United Methodist Women by energizing UMW to be more involved in mission through prayer, study and action; increasing contacts between units and mission workers and projects; encouraging use of mission resources; expanding concepts of mission including social justice as mission.

**Mission Today is not a new program. It is putting increased emphasis on what UMW has been doing for more than a century.**

(\*\*) 1. **Make and meet our Pledge to Mission.**

**Your attendance is requested:**

(\*) 2. At least two members, other than a District or conference officer, attend The District or Conference Annual Meeting.

(\*) 3. One member other than a Conference or District officer attend the Conference Spiritual Life Retreat or a District Spiritual Life Event.

( ) 4. Have at least one member attend the United Methodist Day at the Virginia General Assembly.

( ) 5. Have at least one member attend UMW Day at Ferrum College.

(\*) 6. Have at least one member other than a Conference or District Officer attend the Conference School of Christian Mission at Blackstone or a District Mission Celebration.

(\*) 7. Sponsor a young woman to attend the Conference or a District Young Women's Event. Name of event attendee: \_\_\_\_\_

**Your participation in programs on the UMW:**

(\*) 8. Use the Prayer Calendar at each Unit Meeting to pray for mission workers and mission projects for women, children, and youth.

(\*) 9. Use at least two programs from the UMW program book during the year. Which ones \_\_\_\_\_

(\*) 10. Each unit, Circle, or Subgroup include a "Response Moment" where an item from Response magazine is lifted up as a way to tell a mission story.

(\*) 11. The Unit, Circle, Subgroup, Etc. have at least one Mission study from the School of Christian Mission during the year. Which one \_\_\_\_\_

**Your action in supporting the Purpose of the United Methodist Women:**

(\*) 12. Include having the UMW Purpose at every meeting.

(\*) 13. Qualify as a Five-or Six Star Unit by contributing to five or six channels of Mission Giving

(\*) 14. Increase the local unit Pledge to Mission for the coming year.

(\*) 15. Invite a District or Conference Officer, other than a member, to one of your Unit meetings during the year and/or United Methodist Women's Sunday

- (\* ) 16. Select a mission project which is supported by funds from the Women's Division or the Mission Project Grants of VA and visit and/or contribute needed resources. Name of project\_\_\_\_\_
- (\* ) 17. One or more members participate in hands-On mission such as gleaning, bagging potatoes, working in a food pantry or clothes closet, etc.
- (\* ) 18. Provide at least ten UMCOR kits and funds for shipping for the VA Annual Conference.
- (\* ) 19. Members shall write at least once a year to five Persons-in-Mission listed in the Prayer Calendar.
- (\* ) 20. Add at least two new members to the roll or one new member for Units with 15 or less members.
- (\* ) 21. Have at least two members who subscribe to Response Magazine.
- (\* ) 22. At least two members participate in the Reading Program and complete Plan I.
- (\* ) 23. Have "Green Meetings" or make some other special effort toward saving God's earth (i.e. recycling, using glasses instead disposable cups, etc.) Describe what you did\_\_\_\_\_
- ( ) 24. Have at least one person join the UMW's Action Network to receive and respond to legislative information.
- (\* ) 25. Implement the Charter for Racial Justice Polices in at least one way way during the year. Describe what you did\_\_\_\_\_
- (\* ) 26. Support the Campaign for Children (Children's Sabbath Service, support public education, etc.) Describe what you did\_\_\_\_\_
- ( ) **A MISSION TODAY UNIT:** Completed the first required item (\*\*), PLUS eight additional items including four (\*) items, or for Units with 15 or fewer members, completed the first required item (\*\*) and a minimum of four of the other items including two of those marked with an (\*)
- ( ) **A MISSION TODAY SILVER UNIT:** Completed the first required item (\*\*), PLUS thirteen additional items including at least six (\*) items.
- ( ) **A MISSION TODAY GOLD UNIT:** Complete the first required item (\*\*) PLUS 20 additional items, including at least 12 (\*) items.

**Unit/Church** \_\_\_\_\_  
**President/Contact Person** \_\_\_\_\_  
**Phone** \_\_\_\_\_ **e-mail** \_\_\_\_\_

\*Submit to your District E&I coordinator at the date specified in your district (in early Sept 2011)

"District reports are due by Oct. 1, 2011 to Ann Klotz, Conference E&I, 78 Brook Creek Rd., Toms Brook, VA 22660 or [jasnc5@gmail.com](mailto:jasnc5@gmail.com)



## **Rev. Tammy Estep, Retreat Leader**

The Rev. Tammy Estep has served as the District Superintendent of the Eastern Shore since July 2006. Rev. Estep has also served four Virginia Conference churches since her ordination in June 1984. She was also inn keeper at the Samaritan Inns of the Church of the Saviour in Washington, D.C., where she

supervised street women recovering from drug and alcohol abuse. She received a bachelor of science degree from James Madison University and master of divinity from Vanderbilt Divinity School. Among her service beyond the local church, Tammy has been a member of the conference Board of Church and Society, Board of Higher Education, served on the Administrative Review Committee, District Committee of Ordained Ministry, has taught at the

Licensing School for Local Pastors, and is a well-known retreat leader and keynote speaker. Tammy is married to E. "David" Outten and has two stepchildren and two grandchildren.

**Retreat Music Leader: Joy Tinsley**

**Mission Emphasis for our Retreat:**

**Wesley Community Service Center**

Please help by bringing an item or two with you to the retreat to be given to Wesley Community Service Center in Portsmouth. Needs: School supplies (loose leaf notebook paper, pencils, rulers, 70 sheet spiral notebooks), new children's books for 2nd-6th grades, grocery store gift cards of any denomination from Food Lion, Farm Fresh or Walmart (these will assist greatly in their many food assistance requests).

**Virginia Conference United Methodist Women**

**Spiritual Life Retreat**

**May 13-15, 2011**

**"Blessed to be a Blessing"**

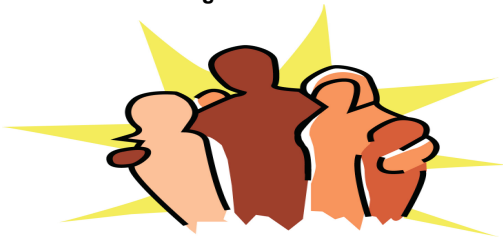
**Virginia United Methodist Assembly Center**

**707 Fourth Street**

**Blackstone, VA 23824**

**434-292-5308**

The Retreat Program begins officially on Saturday at 10:00 a.m. and ends with lunch on Sunday. An offering will be taken Sunday. Dress will be casual. Bring your favorite snacks. There are vending machines for soft drinks. You have the option of coming Friday afternoon or evening



**Virginia Conference United Methodist Women Spiritual Life Retreat May 13-15, 2011**

Name \_\_\_\_\_  
Street \_\_\_\_\_  
City State Zip \_\_\_\_\_  
Church \_\_\_\_\_ District \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
Roommate(s) \_\_\_\_\_

Teens: Age \_\_\_\_\_ Grade \_\_\_\_\_ Parent's name \_\_\_\_\_

**PLEASE CHECK THE TIME YOU WILL ARRIVE:**

\_\_\_\_ Friday through Sunday (with Friday dinner) \$145.00  
\_\_\_\_ Friday through Sunday (without Friday dinner) \$136.00  
\_\_\_\_ Saturday (lunch at 12:30-Sunday lunch) \$ 86.00

\*Above costs include \$12 registration fee

\_\_\_\_ Day attendance: \$12 registration fee **plus cost of meals:**

\_\_\_\_ Friday dinner \$9.15 \_\_\_\_ Saturday lunch \$7.50  
\_\_\_\_ Saturday dinner \$9.15 \_\_\_\_ Sunday breakfast \$6.30  
\_\_\_\_ Sunday lunch \$7.50

Total for Day attendance \$ \_\_\_\_\_

**\*Bring your Bible, pencil/pen, and paper, and donations of item(s) for Wesley Community Service Center (see needed items on back page of form).**

Mail registration form and check for the total amount payable to Virginia Conference United Methodist Women to the registrar: Joyce Winston, 2411 Pembroke Ave, Hampton, VA 23664-1243. (Phone: 757-851-6897 Email: [Buckrow@aol.com](mailto:Buckrow@aol.com)). **REGISTRATION DEADLINE: MAY 6,2011**

**TENTATIVE SCHEDULE (subject to change)**

Friday evening  
4:00 to 7:00 p.m. Registration  
6:00 p.m. Dinner  
6:30 to 8:30 p.m. Bookroom open, etc.  
7:00 p.m. Small Group Leaders meeting  
8:30 p.m. Vespers, VA Room  
Saturday morning  
8:00 a.m. Breakfast  
8:45-9:45 Free Time  
9:45 a.m. Musical Praise in Auditorium  
10:00 a.m. Session I  
11:15 a.m. Small Group I  
Saturday afternoon  
12:30 to 1:30 p.m. Lunch  
1:30 to 2:30 p.m. Focus Group Gatherings & Free Time  
Book Room Open  
2:45 p.m. Musical Praise in Auditorium  
3:00 to 4:00 p.m. Session 2  
4:15 to 5:15 p.m. Small Group 2  
Saturday evening  
6:00 p.m. Dinner  
7:00 p.m. Musical Praise in Auditorium  
7:15 p.m. Session 3  
8:15 p.m. Evening Program  
9:00 p.m. Ice Cream Social  
9:15-10:00 p.m. Book Room open  
Sunday morning  
8:00 a.m. Breakfast and packing  
9:00 to 10:00 a.m. Session 4  
10:15 to 11:00 a.m. Small Group 4  
11:15 a.m. Musical Praise in Auditorium  
11:30 a.m. Closing Service of Commitment and communion.  
12:30 Lunch /departure